



News & Views

July 2023



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Annual Events Recap

On June 2 and 3, 2023 the Moncton Chapter hosted the Association's annual events.

ANNUAL CONFERENCE

This year's Conference Theme was 'Social Workers are Superheroes'. The keynote Speaker, Terri-Ann Richards, led the Conference with her presentation on Removing the Cape - Embracing Resilience and Grit for Sustainable Social Work Practice.

Attendees showed off their costumes to align with the theme and partook in several activities throughout the Conference to check-in on their personal wellbeing and learn how to better nurture it going forward.



SILENT AUCTION

Every year, the proceeds collected from the silent auction are allocated to a bursary fund for the NBASW. This year, the silent auction displayed a wide variety of items and raised a total of \$ 716!

RAOUL LÉGER BANQUET

The Raoul Léger Memorial Award is presented yearly during the Raoul Léger Banquet to a social worker in New Brunswick who has made a significant contribution to the advancement of the practice of social work and social justice in New Brunswick.

This award is presented in memory of Raoul Léger, a social worker who devoted his career and gave his life for the advancement of social justice in Guatemala.

This year's recipient is **Géraldine Poirier Baiani!**

Congratulations, Géraldine!



*Géraldine Poirier Baiani
Raoul Léger Award Recipient*

ANNUAL GENERAL MEETING

The Association welcomed members virtually and in person during this year's AGM to present its yearly development and to vote on matters that inform the Association's strategic direction.

One particularly notable vote was the one to adopt the *Proposed Amendments to the NBASW Act*, which would provide the Association with the ability to regulate a social work paraprofession, called Social Work Technicians. 180 voting members attended the AGM, meaning 91 "yes" votes were required for the amended Act to be approved. Under the supervision of the elected parliamentarian, members cast their vote, ultimately carrying the motion. Specifically, 115 members voted "yes", 52 members voted "no", 2 members abstained from voting, and 11 members did not vote.

Now that the amendments have been adopted, the NBASW can bring the revised Act to the Legislative Assembly, develop revised By-laws, and develop a scope of practice specific to social work technicians. Updates and consultations regarding these initiatives will be sent to members as they progress.

We encourage members to read the totality of the Association's development which can be found in the 2022-2023 Annual Report.

[CLICK TO READ THE 2022-2023 ANNUAL REPORT](#)

YOUR 2023-2024 BOARD OF DIRECTORS

Executive

President: Carole Gallant, RSW

Vice President : Ian Rice, RSW

Secretary : Karine Levesque, RSW

Treasurer : Luc Poitras, RSW

Past-President: Géraldine Poirier Baiani, RSW

Other Representatives

CASW Representative: Barb Whitenect, RSW

Mi'gmaq First Nations Representative: Alexandria Knockwood, RSW

Wolastoquiyik First Nations Representative: Vacant

Public Member: Candice Pollack

Chapter Directors

Acadian Peninsula: Théo Saulnier, RSW

Chaleur: Eric Gauvin, RSW

Charlotte County: Vacant

Edmundston/Grand-Falls: Kim Akerley-Lagacé, RSW

Fredericton: Valerie DeLong, RSW

Miramichi: Karla Parks-Lissok, RSW

Moncton: Vacant

Restigouche: Vacant

Saint John: Samantha Jesso, RSW

Sussex: Pam Cole, RSW

Pre-Authorized Debit for NBASW Dues

The Pre-Authorized Debit Program is a payment method that provides renewing members the opportunity to pay membership dues in six monthly installments (pre-authorized debit payments), from September to February each year, before the March 31st renewal deadline.

[CLICK TO VIEW THE PROGRAM DETAILS](#)

The six payment installments will facilitate the renewal process by allowing for annual dues to be pre-paid in smaller increments, rather than a one-time payment each year. The program will ease the financial burden of renewal, and only the renewal form will be required each March to renew as a member of the Association. Once a member has signed up for the program, the pre-authorized payments shall continue annually September-February until opting out of the program.

Example:

Practicing Membership \$409.00

Monthly withdrawal Sept- Feb \$68.16

Non-Practicing Membership \$120.00

Monthly withdrawal Sept-Feb \$20.00

How to sign up for pre-authorized debit payments

1. Familiarize yourself with the Pre-Authorized Debit Program Policy.
2. Complete the authorization form.*
3. Send the Authorization form to info@nbasw-attsnb.ca before the September 1, 2023 deadline.

[CLICK TO DOWNLOAD THE AUTHORIZATION FORM](#)

**Note: Joint bank accounts may require both authorized signatures.*

All renewing members have the option to opt into the Pre-Authorized Debit Program. The ideal participant is someone who:

- Intends to renew NBASW membership for the following registration year.
- Anticipates having sufficient funds in the applicable bank account.
- Anticipates continuation of service with the indicated financial institution and email account.

Questions?

If you have questions about the Pre-Authorized Debit Program, please refer to the [FAQ](#) on our website's renewal page and the [Pre-Authorized Debit Program Policy](#).

Please contact us at info@nbasw-attsnb.ca or (506) 459-5595 if you have additional questions about the program.

Upcoming Grant & Bursary Deadlines

The NBASW offers financial assistance to members for their education or continuing professional development. All applications can be sent to keara.grey@nbasw-attsnb.ca.

CASW & NBASW GRANT

Applications will be accepted/approved on a first come first served basis.

The Canadian Association of Social Workers (CASW), in partnership with the NBASW, are pleased to offer a grant to assist in the delivery of continuing education to New Brunswick social workers. The grant may be accessed by a single member or a group of members wishing to host a continuing education opportunity for New Brunswick social workers. Funding for this grant is made possible by BMS, the broker for the CASW liability insurance program. Priority will be given to French continuing education opportunities.

[Click here for eligibility criteria](#)

[Click here for the application form](#)

CO-OPERATORS BURSARY FOR STUDENT MEMBERS ENROLLED IN THE MI'KMAQ/MALISEET BACHELOR OF SOCIAL WORK PROGRAM

The application deadline has been extended to September 15, 2023.

The Co-operators home and auto insurance, in partnership with the NBASW, are pleased to offer this bursary, valued at \$500.

[Click here for eligibility criteria](#)

[Click here for the application form](#)

CO-OPERATORS BURSARY FOR STUDENT MEMBERS ENROLLED IN ST. THOMAS UNIVERSITY'S POST-DEGREE PROGRAM

The application deadline for this bursary is November 1, 2023.

The Co-operators home and auto insurance, in partnership with the NBASW, are pleased to offer this bursary, valued at \$500.

[Click here for eligibility criteria](#)

[Click here for the application form](#)

[CLICK HERE TO VIEW ALL DEADLINES](#)

Six Steps to Sustaining a Satisfying Social Work Career

ARTICLE BY ANNE PIRIE, RSW & JIM MORTON, RSW

All too often we hear of social workers who are tired, discouraged, distressed or burnt out and decide to leave our profession. Such stories led us to wonder: *What are the personal attitudes and behaviours that contribute to satisfying social work practice? What preparation and continuing personal adaptations are needed to sustain motivation, energy and*

engagement over the years and decades that make up a career? Looking back with a long view, and drawing on our combined eighty-plus years of practice along with input from colleagues, we offer six suggestions for remaining engaged, invigorated and satisfied throughout your social work career. But before we begin two truths are best faced head-on: *First*, becoming a social worker involves diving into an ocean of trouble, descend-

ing into the darkest parts of human experience. Hearing, for example, the anger and pain of a couple struggling with one partner's relapse to alcohol use. Managing one's own fear when facing a parent's volatile hostility and angry threats during a late-night emergency child welfare home visit where a child is in a dangerous situation. Being with a young woman who is reliving the horror of a past sexual abuse. Seeing the bruises and broken drywall during a home visit, the hard evidence of spousal violence.

Observing the reality of poverty in a mental health follow-up visit. Experiencing the tension in an interdisciplinary meeting where the team disagrees about how to treat a teenager. Meeting with parents in the ER who have learned, moments earlier, that their only child is dead, killed in a car accident. The anger that wells up when your supervisor concludes that a client's housing crisis "is not our business". Recognizing the anguish in a young woman's eyes as she tells you, from her hospital bed, that she will not live to see her children start school. Social work draws us to the brink of life's challenges. To paraphrase James Rebanks, (p. 167) being a social worker is a rough business. We've bought a ticket for the front row seat.

Second, context *always* matters. Our workplace organizations can sustain our practice or they can be another source of trouble. Adequate staffing, appro-

priate pay, respectful relationships, arrangements for breaks from distressing experience, and empathic, growth-oriented supervision all contribute to a satisfying social work career. That means a carefully developed collective agreement will frequently be foundational to our experience as social workers. Opting for independent practice may be a protective factor, but nothing frees us from the need for collaborative, supportive relationships and workplace processes.

Given that we're diving into a sea of trouble and need a well-designed, well-coordinated workplace, what personal attitudes and behaviours are demanded of us if we are to enjoy a satisfying social work career? In our view there are six essential elements.

First. **Work on being a well-differentiated self.** When it comes down to it, the most important ingredient in social work practice, to use the words of Mr. Fred Rogers, "is our honest selves". Who we are matters and knowing who we are matters just as much. Bringing an observant, thoughtful, responsive presence to the work surely involves both humility and confidence. "There is an old Hasidic belief regarding parenting: parents should raise children to give them the sense that in one pocket is a slip of paper that says "for my sake, and my sake alone, the world was created" and in the other pocket is a slip of paper that says "I

am but a grain of sand". (Fishman, p. 166)
This is also good advice for social workers.

Second. **Own a theory of human social behaviour.** Social work is premised on the notion of person in society. Our professional practice requires us to assess symptoms and situations, develop strategies for intervention and evaluate outcomes. Failure to be grounded in a theory, like embarking on a trip without a map, will be a source of distress. As social workers, our job is to identify how social systems and relationships influence behavior. We need the knowledge and skill to effectively intervene in these systems. We've found, during our careers, a theoretical home with Bowen Family Systems Theory and a set of concepts that describe how humans are connected to each other and part of evolution and the natural world.

One of our colleagues described this ownership as having a genuine and competent interest in entering the historical and contextual worlds of those we serve. Others spoke of owning a set of critical thinking skills; of how a recognition of systems provides perspective; and the importance of a knowledge base that recognizes our relational existence. A theory guides questions, organizes what we can see, allows us to predict what will happen next, and helps us make sense of the chaotic seas of troubles that are our business. A solid theoretical framework places us on clearer footing in in-

terdisciplinary interactions. The absence of a theory...or for that matter juggling a hodgepodge of theories...tugs us into chaos, uncertainty, doubt and despair. Owning a theory allows us to position ourselves effectively, helping us address the anxious systems we serve. A theory gives us the confidence to know the next steps to take and the satisfaction that comes from that knowledge.

Third: **Develop a sense of agency, practice skills and confidence.** Knowledge and owning a theory, while vital, are not enough; social work is about doing things in collaboration with other people. Our work is to invite others to engage in difficult collaborative tasks. We need a high level of comfort in leading assessment processes, in planning interventions, and in the delivery of a range of programs and services. We are expected to be skilled members of interdisciplinary teams.

The other people mentioned above is a large and diverse group. They include colleagues, individuals, families, client groups, volunteers, board and committee members, supervisors, educators, citizens and public officials whose being and experience cross cultures, religion, gender, race, ethnicity, and ability. Swimming in the sea of trouble demands a confidence and courage that comes, a colleague pointed out, from learning and honing a range of practice skills that are at our disposal in a diversity of highly

charged environments. Other colleagues spoke of the sense of satisfaction that comes from the ability to establish meaningful relationships and the capacity to facilitate a crisis situation. Doing social work demands a solid grasp of human social behaviour and a deep and genuine concern for our fellow beings. It also calls on our capacity to translate our concern and our knowledge into skilled practice.

Fourth: Adopt practices for escape and self-renewal. Satisfaction over the long-term won't, paradoxically, be achieved with tenacity. On the contrary, it's necessary to escape from the tension, stress, trauma and despair that are characteristic of the sea of trouble into which we've purposefully plunged. We need regular and routine havens and it's important that these efforts don't add to the pressure. Alcohol, other drugs, visits to the casino, shopping, and junk food may each have their place, but also come with warning labels and must be handled with care.

Social workers need escapes that are investments in self-renewal. Jim has used reading, gardening, walking and volunteer activities as time for reflection, to learn and to create breaks from the demands of professional practice. Anne enjoys walks, music and has avocational interests in storytelling (Godly Play), and the joy of grandparenting little ones. Colleagues spoke of practices like yoga, being in the natural world, en-

gaging in a spiritual life, meditation, protecting break times, and leaving work on time as helpful pathways to renewal. Whether it's long-distance running, watercolour painting, sport, learning a new language, prayer, or helping out in a fundraising campaign, the good news about regeneration is that methods abound. Many years ago, reality therapy psychiatrist William Glasser suggested that habitually engaging in activities like running, meditation, or hitting a knot on a rope with a baseball bat were pathways to satisfying and successful lives. Dr. Glasser was onto something. To enjoy a satisfying social work career, it is critical to regularly escape and to frequently and routinely mix things up.

Fifth: Develop meaningful person-to-person relationships. That idea about the person in society, the idea that shapes social work, applies to us too. Each of us, like those we serve, are individuals closely and broadly connected to other individuals and groups of people. Some of those connections are supportive and some are hurtful and likely some are dormant. Our capacity to sustain focus and commitment to the demanding and important work we've taken on requires being on active adult-to-adult terms with members of our nuclear and extended families, with colleagues and clients and supervisors. As one colleague put it, this involves striving to engage others on an equal footing. It is certainly an asset to be on active good terms with our profes-

sional associations and to always be on the look-out for the adults in the room, those others who seem to understand how to navigate in the seas of trouble. For example, mentors, supervisors or colleagues can be key supports in each stage of our careers by helping us reflect on our professional functioning.

Meaningful relationships are those that allow us to share important parts of ourselves, that respect important boundaries, that provide us with honest feedback even when it is hard to hear. Colleagues who shared their understanding of what it takes to sustain satisfaction with a social work career spoke of the empowerment that comes from being loved and valued; the importance of collaborative practice with interdisciplinary colleagues; and connecting deeply with colleagues, clients, community...of having a confidant.

Sixth: **Embrace curiosity.** Our function as social workers involves learning as much as we can about others, their relationships and the worlds of meaning they inhabit. It also requires that we be curious about ourselves and our own functioning. How else can we assess a situation, consider our own biases, or discover a plan for change? We need to know. Embracing curiosity, the desire to deeply understand ourselves and our clients lives and relationships may be both a form of love and an aspect of our own survival. Colleagues spoke of exploring

the lives of others with a genuine and competent interest; with a willingness to listen without any preconceived ideas; of the privilege of hearing people's stories. Curiosity, said another, is key. And what accompanies this curiosity, is the need for a deep humility that comes from the limitations of our capacity to understand; as one colleague put it, the ability to remind oneself, every few minutes, that each bit of knowledge is transient. "Curiosity may have killed the cat...", wrote poet Alastair Reid. But what the cat knows is "...that hell is where to live, they have to go." And it might be helpful to remind ourselves that "everything that irritates us about others can lead to an understanding of ourselves" (Jung) and that "not all those who wander are lost." (Tolkien, p. 182) We need to embrace our curiosity. Our work and our well-being depend upon it.

So, remaining optimistic and satisfied throughout a social work career is simple. First, accept that we will be immersed in seas of trouble and second, hope for a wonderful workplace environment. And then take the next six steps. Become fully who you are; adopt a theory of human social behaviour; master practice skills that match your theory and workplace demands; make positive escape and self-care habitual; build a set of meaningful relationships; all the while embracing your curiosity and the excitement of learning about yourself

and those you serve. *Easy peasy* as a colleague sometimes says. But of course, it isn't easy. It's a promise of a lifetime of effort, a never-ending exercise of professional and personal development. Social work, as J.S. Woodsworth (Lewis, p.76) put it in another context, will "assure you plenty of hard work and more or less uncertainty, but at the same time, a great opportunity to wake up and organize..." this world we inhabit. And the sugges-

tions that matter most, as social workers know so well, aren't ours. They are yours. How would you answer our questions? *What are the personal attitudes and behaviours that contribute to satisfying social work practice? What preparation and continuing personal adaptations are needed to sustain motivation, energy and engagement over the years and decades that make up a career?* We are already curious to learn what you think.

Anne Pirie is a retired social worker living in Sackville, NB. With enthusiasm and professionalism, she functioned in leadership and clinical roles.

Jim Morton is a social worker living in Kentville Nova Scotia with interests in mental health, family systems theory, politics, and social change.

June 20, 2023

References:

We are grateful to Harold Beals, Dominic Boyd, Kevin Fraser, Dermot Monaghan, Donald Pirie-Hay, Emma Shaw, Maggie Stewart, Annemieke Vink and members of the Pictou Network whose comments and suggestions have been incorporated into this article.

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Professional Development Fund

The NBASW is seeking proposals for French webinars under the NBASW Professional Development Fund!

If you hold expertise in any topic of interest relevant to the social work field, we invite you to submit a proposal to present a 1-hour long webinar or an in-person educational event for social workers under the NBASW Professional Development Fund. The NBASW Professional Development Fund is awarded annually to NBASW members who present a webinar training opportunity for provincial social workers in their areas of knowledge, expertise and/or practice.

To be eligible to receive the Fund, social workers must apply to present a webinar by completing a [Webinar Information Form](#). **Applications will be evaluated on a first come first served basis and if the webinar application has been approved and the applicant has met all webinar requirements, including webinar presentation, they will receive the Fund in the form of registration dues reimbursement.** [Click here](#) for more information.

Bursary Winner

Congratulations to **Laura Ann Paul** on receiving the Co-operators Bursary for Members!

The Co-operators Bursary Fund is awarded annually to a registered and residing in New Brunswick member(s) of the New Brunswick Association of Social Workers for the purpose of undertaking training opportunities recognized in the most up-to-date Continuing Professional Education Policy, including but not limited to conferences, workshops, and webinars.



*Laura Ann Paul,
Co-operators Bursary Recipient*

Premier's Council on Disabilities' Provincial Award Recipient



*Gregory Zed,
Award Recipient*

Congratulations to New Brunswick social worker **Gregory Zed** on receiving the Premier's Council on Disabilities' Provincial Award, earlier this June!

The Premier's Council on Disabilities presents Disability Awareness Week Awards to individuals who have made a significant contribution toward improving the lives of people with disabilities, such as Gregory, who has been and continues to be an advocate for people with disabilities.

Click [HERE](#) to learn more about the Premier's Council on Disabilities Award.

RESOURCES

CO-OPERATORS

Tips to Prevent Home Break-ins

Did you know summer is prime time for home break-ins?

Click [HERE](#) for 10 useful tips on how to protect your home, condo, or rental.

Guide to Creating a Home Checklist

It's always a good idea to have an inventory of your belongings. It helps you understand the true value of your assets and is essential in the event of a claim. Click [HERE](#) to download an inventory checklist.

MEN'S ONLINE SUPPORT GROUP FAMILY VIOLENCE

STARTING SPRING 2023

By joining, you will learn skills to...

1. Create healthier relationships with your partner
2. Feel good about yourself
3. Have a better, more open relationship with your child
4. Heal from your past abuse you may have experienced
5. Fix problems in relationships
6. Manage conflict in a healthy way
7. Resolve problems effectively to make your relationship stronger

This group is run by professionals. It will be strictly confidential and offers support virtually.

You will have an opportunity to participate in a voluntary study asking for your feedback about the group. The 3 interviews are before, during and after sessions. You will be **compensated \$75** for each interview.

For more information contact:

Roxanne Pereira- roxanne.pereira@dal.ca
902-817-1284

PARTNERS FOR YOUTH PROGRAMS

Youth Works

Provides employability skills training, internships, work placements, and job training support to youth ages 15-29 who are currently or have been in care. The goal of the program is to help youth in care make a successful transition from education to sustainable employment. These sessions range from 1-5 or 8 sessions; once a week or every two weeks depending on availability and can be conducted in a group (classroom) setting or individually. The program is delivered in small groups or one on one.

Health and Well-Being Fund

We can assist and have funding available for various health needs of children and youth in and from care. The fund helps to fill the gaps for those who are under the age of 28 years of age and are involved with child welfare, at risk in the community, in temporary care, kinship care, in permanent care, or former youth in care at the time of request. Funding is available for health needs such as physiotherapy, occupational therapy, counselling, eye care, dental care, prescriptions, and medical equipment.

PFY Connect

PFY Connect supports timely access to counselling therapy for youth ages 14 to 24 that have been connected in some capacity to the Provincial Care system. Up to 8 session of counselling therapy can be provided free of charge. A youth in need of support will make an initial connection to our designated staff team which includes a social worker —through a simple referral process. They will then be assessed to ensure the appropriate counselling need is met and then PFY staff will reach out on behalf of the youth to a licensed counseling therapist and make the first appointment for the consenting youth. Follow-up will occur with the youth from PFY to confirm the appointment and address any barriers to attending, such as transportation.

Comfort Kits

Partners for Youth has partnered with the Children's Aid Foundation of Canada to distribute Comfort Kits for children and youth ages 0-18 who are in care, coming into care, and for families which includes emergency needs such as food, grocery gift cards, support of online educational learning for children, books, toys, and personal needs.

Home-Based Fund

The program is for youth ages 16 – 26 to address the urgent housing-related needs. Limited funds are available to support former youth in care with basic emergency needs such as food, rent, hydro and so on.

[CLICK HERE FOR INFORMATION ON THE PROGRAMS](#)

Calls for Participation

PARX - A PRESCRIPTION FOR NATURE

PaRx is scaling at a rapid pace with endorsement from the Canadian Medical Association (CMA) and a nomination for an Earthshot Prize. [Register here](#) to start prescribing the health benefits of nature.

Research shows how important nature contact is for health, including reduced rates of anxiety, depression, respiratory and cardiovascular disease.

To help connect Canadians to the health benefits of nature, the BC Parks Foundation launched [PaRx](#) in 2020, starting in British Columbia, then expanding to every province across the country including the Maritimes in April 2022. From physiotherapists and physicians to nurses and counsellors, we're grateful to have over 10,000 prescribers registered across the country. To ensure that everyone in Canada has ready access to the health benefits of nature, PaRx has collaborated with [outdoor organizations like Parks Canada](#) to provide free or discounted access to green and blue spaces for patients in most need.

We have an ambitious goal to register 25% of Canada's health professionals in PaRx by 2025, and ongoing engagement with trusted health organizations is essential for reaching that goal. Thank you for your participation.

PaRx
A Prescription
for Nature



2022 Roundup



Nature prescriptions were officially endorsed by the **Canadian Medical Association**

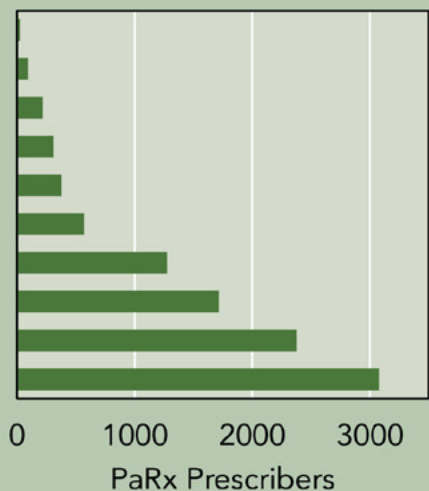


Thanks to our generous partners, we reduced the cost of accessing nature by **\$108,000+** for our patients

10,000+ Canadian healthcare professionals started prescribing nature in **10** provinces



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Newfoundland and Labrador
New Brunswick
Nova Scotia
Saskatchewan
Manitoba
Alberta
Quebec
Ontario
British Columbia



Visit parkprescriptions.ca for more.

DO YOU WORK IN CANADIAN:

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- ✓ **Police Services**
- ✓ **Education Sector**



**DO YOU WANT TO
IMPROVE RESPONSES TO SURVIVORS
OF SEX TRAFFICKING?
PLEASE TAKE OUR SURVEY!**

**We are interested in learning about
your perceptions of sex trafficking and
capacity to respond.**

**Contact sarahdaisy.kosa@wchospital.ca
to determine your eligibility
Receive a \$25 e-gift card on completion**

**You do not need direct experience working with people
who have been sex trafficked to participate.**

À LA RECHERCHE DE TRAVAILLEUSES SOCIALES ET TRAVAILLEURS SOCIAUX (TS)



Une équipe de recherche dirigée par Elda Savoie, professeure à l'École de travail social de l'Université de Moncton, est à la recherche de TS qui accompagnent des proches aidant.es de 75 ans et plus.

Ce projet de recherche vise à mieux comprendre : 1) les défis et les enjeux des personnes aidantes francophones de 75 ans et plus en milieu rural ainsi que 2) les réalités rencontrées par des TS lors de leurs interventions auprès de ces personnes.



Pour participer, vous devez :

1. Oeuvrer aux soins de longue durée du ministère du Développement social ou au Programme extra-mural du Nouveau-Brunswick;
2. Accompagner des proches aidant.es de 75 ans et plus;
3. Accompagner des proches aidant.es habitant dans la région de Madawaska-Victoria ou dans les régions rurales du sud-est du Nouveau-Brunswick et le comté de Kent (région de Cap-Acadie, Shédiac en allant jusqu'à Memramcook) ;
4. Parler le français.

L'anonymat et la confidentialité des informations obtenues lors de l'entretien sont assurés. Vous pourrez, en tout temps, mettre fin à votre participation sans avoir à vous justifier de quelque manière que ce soit et sans préjudice. Un formulaire de consentement vous sera remis au début de l'entretien semi-dirigé.

Si vous souhaitez participer à ce projet de recherche ou si vous désirez obtenir plus d'informations à ce sujet, vous pouvez communiquer par téléphone ou courrier électronique avec: Geneviève Robere (egr4555@umoncton.ca / (506) 744-0911) ou Isabel Lanteigne (isabel.lanteigne@umoncton.ca)



UNIVERSITY OF TORONTO RESEARCH PROJECT

Amplifying Youth Voice in Advancing Access to Abortion for Under-served Populations through Tools for Healthcare Professionals and People Seeking Care

Study Purpose

Our study explores the abortion information, access, and appropriate care needs of under-served populations, including youth, in Canada. With mentorship and training support from Dr. Stephanie Begun (FIFSW, UofT), our team of youth researchers seeks to define and further develop appropriate and affirming approaches and tools that healthcare and allied service providers may use to optimally meet the needs of youth and other equity-deserving groups seeking abortion information and care.

What Would Be Asked of You

Your participation would be critically helpful to our research efforts. Your practice-based wisdom and reflections on challenges and opportunities that you see each day in your work, and specifically about abortion access and care, will help us to design tools and resources to support patients and providers alike. Participating in a focus group may take between 60-90 minutes, and these conversations will take place on a secure, password-protected Zoom call.

Next Steps

If you wish to proceed, please review and sign the attached consent form. To help us describe our participant sample and to make sure that we are engaging professionals from diverse geographies, practice contexts, and identities, we also ask that you complete this brief questionnaire. After we have received your signed consent form and brief questionnaire, we will contact you with next steps and scheduling.

**DOWNLOAD THE PARTICIPANT
CONSENT FORM**

TAKE THE QUESTIONNAIRE

Contacts

- Sarmitha Sivakumaran, Youth Researcher sarmitha.sivakumaran@mail.utoronto.ca
- Dr. Stephanie Begun at 416.978.5900 or at stephanie.begun@utoronto.ca

Continuing Education Opportunities

Certain webinars have costs associated. Please note that all events under the “ACHIEVE” or “CTRI” sections are eligible for the NBASW discount code. To get the 15% discount, please use the code NBASW15 at checkout. For more events from ACHIEVE, [click here](#), and for more events from CTRI, [click here](#).

PORTE-VOIX (French resource)

Socialisation des hommes et santé mentale

October 19 & 20, 2023

[Click here for details and to register](#)

Additional education opportunities in French can be found [HERE](#)

CRISIS & TRAUMA RESOURCE INSTITUTE (CTRI)

Walking with Grief

August 1, 2023 - August 02, 2023 (9 am - 4 pm CDT)

[Click here for details and to register](#)

Critical Incident Group Debriefing

August 8, 2023 (1 pm - 2 pm CDT)

[Click here for details and to register](#)

De-escalating Potentially Violent Situations

August 16, 2023 (9 am - 4 pm CDT)

[Click here for details and to register](#)

Trauma-Informed Care

August 16, 2023 (1 pm - 2 pm CDT)

[Click here for details and to register](#)

Narrative Therapy

August 22, 2023 (9 am - 4 pm CDT)

[Click here for details and to register](#)

Peer Support

August 25, 2023 (1 pm - 2 pm CDT)

[Click here for details and to register](#)

Front Line Skills for Social Services

August 29, 2023 (9 am - 4 pm CDT)

[Click here for details and to register](#)

Vicarious Trauma

September 7, 2023 (9 am - 4 pm CDT)

[Click here for details and to register](#)

Psychopharmacology for Helpers

September 28, 2023 (1 pm - 2 pm CDT)

[Click here for details and to register](#)

Questions in Counselling

October 3, 2023 (9 am - 4 pm CDT)

[Click here for details and to register](#)

Trauma-Informed Schools

October 16, 2023 (9 am - 4 pm CDT)

[Click here for details and to register](#)

Restorative Justice

October 25, 2023 - October 27, 2023 (9 am - 4 pm CDT)

[Click here for details and to register](#)

ACHIEVE - CENTRE FOR LEADERSHIP

Trauma-Informed Leadership

August 15, 2023 (1 pm - 4 pm CDT)

[Click here for details and to register](#)

Employee Engagement

September 6, 2023 (10 AM - 1 PM CDT)

[Click here for details and to register](#)

Anti-Bias and Inclusion

September 15, 2023 (1 pm - 2 pm CDT)

[Click here for details and to register](#)

Difficult Conversations

September 26, 2023 (1 pm - 2 pm CDT)

[Click here for details and to register](#)

Conflict Resolution Skills

September 29, 2023 (9 pm - 4 pm CDT)

[Click here for details and to register](#)

Polarizing Conversations

October 10, 2023 (1 pm - 2 pm CDT)

[Click here for details and to register](#)

Psychological Health & Safety in the Workplace

October 26, 2023 (9 am - 4 pm CDT)

[Click here for details and to register](#)

CANADIAN INSTITUTE FOR PUBLIC SAFETY RESEARCH AND TREATMENT

Treatment 101 for Public Safety Personnel

- Offering #5: September 11 - September 23, 2023.
- Offering #6: October 16 - October 28, 2023.
- Offering #7: November 20 - December 2, 2023.
- Offering #8: December 4 - December 16, 2023.
- Offering #9: January 15 - January 27, 2024.
- Offering #10: February 5 - February 17, 2024.

[Click here for details and to register](#)

Sleep 101

- Offering #2: September 13 (10:00 – 12:00 CST) & 19 - 21, 2023 (10:00 – 11:30 CST).
- Offering #3: January 16 (11:00 – 13:00 CST) & 23 - 25, 2024 (11:00 – 12:30 CST).

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ER2MR

- Offering #3: September 11-12 & 18-19, 2023 (8:30 AM - 3:00 PM CST).
- Offering #4: October 26-27 & November 2-3, 2023 (8:30 AM - 3:00 PM CST).

[Click here for details and to register](#)

COLORADO CENTER FOR EMOTIONALLY FOCUSED THERAPY

Emotionally Focused Therapy Externship

May 8-11, 2024

[Click here for details and to register](#)

CHILD WELFARE LEAGUE OF CANADA (CWLC)

Equitable Standards Online Training Series

October 17, 24, 31 & November 7 and 14, 2023

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RIPTIDE COUNSELLING

Finding Clarity and Calm: Creative Interventions with Child and Adult ADHD

September 11, 2023 (9 am - 4 pm ADT)

[Click here for details and to register](#)

Summary of Recent Disciplinary Hearing Notice

The following is a summary of a recent disciplinary proceeding. Please note that as the regulatory body for social workers in New Brunswick, the NBASW has the mandate to promote excellence in social work practice and to protect the public. With respect to our mandate, we are required to inform our members and the public about certain disciplinary proceedings.

2023-05-30

A hearing of the Discipline Committee of the New Brunswick Association of Social Workers (NBASW) was held on May 30, 2023, to hear and determine a Complaint against a Member alleging professional misconduct.

Specifically, the Member is alleged of not following proper workplace standards and guidelines regarding case recording and consent forms.

Following a determination that the Member was guilty of professional misconduct, the Discipline Committee imposed the following discipline sanctions:

1. Written reprimand to be placed in the Member's file;
2. Payment of a fine of \$500.00;
3. Two assignments in the form of continuing education articles related to Documentation and the Code of ethics;
4. Supervision period for a period of one (1) year upon resuming the practice of social work;
5. Summary and publication of the proceeding without names for the education of the membership;

6. Summary of the matter, with the Respondent's name sent to all Canadian social work regulating bodies;
7. Payment of costs of \$500.00; and
8. Failure to pay the fine, complete the two assignments, or pay the cost will result in the suspension of the Member's registration until such time as the conditions are met.

Wellness Resources



Social workers throughout New Brunswick provide essential services to some of the most vulnerable people in our communities. As essential workers, social workers also need to nurture their own personal wellness. If you have a wellness resource you'd like to see included in a future edition of the newsletter, please send it to laure.piccetto@nbasw-attsnb.ca.

CMHA - MENTAL HEALTH & RESILIENCY

[CLICK HERE TO VIEW](#)

CMHA - COPING TOOLBOX

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Newsletter Submissions

Have something you'd like to see in the NBASW Newsletter? We're always looking for stories about social workers, events, and more to add. If you've got something you'd like us to include, please email laure.piccetto@nbasw-attsnb.ca with the subject line "Newsletter."

Social Media

Facebook



Our English page:

New Brunswick Association of Social Workers [@NBASW](#)



Our French page:

Association des travailleuses et des travailleurs sociaux du
Nouveau-Brunswick [@ATTSNB](#)

Twitter



Our English page:

New Brunswick Association of Social Workers [@NBSocialWorkers](#)



Our French page:

Association des travailleuses et des travailleurs sociaux du
Nouveau-Brunswick [@TravSocNB](#)

