

News & Views May 2023



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Message from the Executive Director: Recruitment and Retention Strategy Update

REGULATING SOCIAL WORK TECHNICIANS

I am happy to provide you with an update on a key Recruitment and Retention Strategy initiative: regulating social work technicians.

This past January, we met with members to discuss the NBASW regulating social work technicians, who would be specially trained to assist social workers and provide paraprofessional support to clients. During the Chapter consultations, we listened to your questions and comments, and we want to thank everyone who participated; your support and engagement shape the future of your Association!



Miguel LeBlanc Executive Director

Among the feedback and the discussions had, we heard many positive things about the introduction of regulated social work paraprofessionals. Some of the benefits members indicated to having social work technicians regulated by the NBASW were that of assisting social workers with administrative tasks, allowing social workers to focus on direct interventions, clarifying the social work technician scope to prevent scope overlap, establishing an accountability structure for social work paraprofessionals, and providing long-term recruitment options, through educational pathways to recruit more social workers in the future.

With a majority of members in support of this initiative, the Association is taking the next step to officially regulate social work technicians by including them in our Legislation (the Act). The NBASW's regulatory authority is legislated by the <u>New Brunswick Association of Social Workers Act</u> (2019) and the Association is also governed by its <u>Bylaws</u>. The Association promotes quality social work

services to the population of New Brunswick and, in order for the Association to regulate social work technicians, the NBASW Act must be amended to include social work technicians. While the legislative definition of "Practice of Social Work" will remain as it currently is in legislation, the "Practice of a Social Work Technician" definition would be new and can be found below:

- Practice of Social Work means the assessment, diagnosis and prevention of social problems, and the enhancement of social functioning and the rehabilitation of individuals, families, groups, and communities.
- Practice as a Social Work Technician means the paraprofessional support to the assessment, prevention of social problems, and the enhancement of social functioning and the rehabilitation of individuals, families, groups, and communities.

All the changes that would be required can be found in the draft legislation. We invite you to read the drafted, amended Act below:

NEW BRUNSWICK ASSOCIATION OF SOCIAL WORKERS ACT (PROPOSED DRAFT)

The NBASW is collaborating with Chapters to organize a virtual Chapter tour to provide information sessions on the legislative draft that is being proposed. Members will be receiving the details regarding the Chapter Tour from their respective Chapters in the near future. We hope to see you all there to continue discussing social work technicians.

We would like to thank everyone for your continuous contributions to the social work profession, along with the feedback and support surrounding this initiative, and look forward to furthering our discussions during the upcoming Chapter Tour.

Miguel LeBlanc, RSW, BSW, MSW

Executive Director

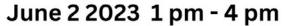
Annual General Meeting, Conference & Banquet

The Moncton Chapter of the NBASW invites you to

THE NBASW ANNUAL GENERAL MEETING WITH THE THEME:

Social Workers are Superheroes

Crowne Plaza Moncton Downtown 1005 Main Street, Moncton



Conference: Removing the Cape - Embracing

Resilience and Grit for Sustainable Social

Work Practice

By Terri-Ann Richards

June 2 2023 6 pm - 8 pm

Banquet

Silent Auction and Cocktails (6 pm)

Dinner (7 pm)

June 3 2023 9 am - 1 pm

Annual General Meeting







This year's Annual General Meeting, Conference, and Banquet will take place in Moncton on June 2 & 3, 2023. We are eager to see everyone participate in person or virtually!

CONFERENCE

June 2, 2023 - 1 pm to 4 pm

The annual Conference will be a hybrid event, allowing members to participate in person or online. The theme of the Conference and Banquet is "Social Workers are Superheroes", so don't forget your costume! Click here for more details about the event and this year's speaker, Terri-Ann Richards.

BANQUET

June 2, 2023 - 6 pm to 8 pm

The Banquet will include the silent auction, dinner, and the awarding of the Raoul Léger Memorial Award. If you plan on staying on-site overnight, please contact the Crowne Plaza in Moncton at (506) 854-6340 to reserve a hotel room.

ANNUAL GENERAL MEETING (AGM)

June 3, 2023 - 9 am to 1 pm

The AGM will be a hybrid event, allowing members to participate in person or online. This is a free event that can be counted towards Continuing Professional Education hours, and we encourage all members to participate. Members do not need to register for the AGM and will be sent a participation link prior to the event. The following are the documents for the AGM:

- Agenda
- 2021-2022 Minutes
- <u>Drafted Legislation</u>

To register for the Banquet and/or Conference, members must send the registration form and the attendance fee to the Moncton Chapter at moncton@nbasw-attsnb.ca by May 19, 2023.

DOWNLOAD REGISTRATION FORM

Upcoming Grants and Bursaries Deadlines

The NBASW offers financial assistance to members for their education or continuing professional development.

All applications can be sent to keara.grey@nbasw-attsnb.ca.

CASW & NBASW GRANT

Applications will be accepted/approved on a first come first served basis.

The Canadian Association of Social Workers (CASW), in partnership with the NBASW, are pleased to offer a grant to assist in the delivery of continuing education to New Brunswick social workers. The grant may be accessed by a single member or a group of members wishing to host a continuing education opportunity for New Brunswick social workers. Funding for this grant is made possible by BMS, the broker for the CASW liability insurance program.

Click here for eligibility criteria
Click here for the application form

UNI BURSARY FOR STUDENT MEMBERS

The application deadline for this bursary is October 1st each year.

The UNI Financial Cooperation, in partnership with the NBASW, is pleased to offer a student bursary awarded on an annual basis. Social work students who are registered as NBASW student members and who reside in New Brunswick while studying in a school of social work full time through distance education are eligible to apply for the bursary.

Click here for eligibility criteria
Click here for the application form

CLICK HERE TO VIEW ALL DEADLINES

NBASW Bursary & Grant Recipients

CO-OPERATORS BURSARY FOR STUDENT MEMBERS WINNER

Congratulations to **Myriam Cormier** on receiving the Co-operators Bursary for Student Members enrolled in l'Université de Moncton School of Social Work!

The Co-operators home and auto insurance, in partnership with the NBASW offer three student bursaries, valued at \$500 each, awarded on an annual basis. Student members of the NBASW who are studying in the following Schools of Social Work are eligible to apply for a bursary: Mi'kmaq/Maliseet Bachelor of Social Work program, Université de Moncton School of Social Work, and St. Thomas University Post Degree Program.



Myriam Cormier Bursary Winner

CO-OPERATORS BURSARY FOR MEMBERS WINNER

Congratulations to **Brittany Sprague** on receiving the Co-operators Bursary for Members!

The Co-operators Bursary Fund is awarded annually to a registered and residing in New Brunswick member(s) of the New Brunswick Association of Social Workers for the purpose of undertaking training opportunities recognized in the most upto-date Continuing Professional Education Policy, including but not limited to conferences, workshops, and webinars. Studies leading to a higher degree in social work, or to a specialized certificate program or course related to social work are eligible for consideration, however, priority for the administration of this fund is given to the above-mentioned training opportunities.



Brittany Sprague Bursary Winner

UNI EDUCATION GRANT RECIPIENT

Congratulations to **Theolyn Martin** on receiving the UNI Education Grant!

The UNI Education Grant is awarded annually to two registered members of the New Brunswick Association of Social Workers that reside in the province for the purpose of undertaking studies leading to a higher degree in social work, or to a specialized certificate program or course related to social work. Priority is given to studies leading to a higher degree. If there are no applications for graduate studies leading to a higher degree or certification, funding to pursue other forms of continuing professional education activities are eligible for consideration.



Theolyn Martin Grant Recipient

Calls for Participation & Resources

THE DEPARTMENT OF SOCIAL DEVELOPMENT IS SEEKING FEEDBACK FROM ADOPTIVE FAMILIES

Young people are the future of New Brunswick, and each one deserves to grow up in a world free of harm. They rely on us to keep them safe. The new Child and Youth Well-Being Act is built on the foundation of the best interests of children and youth, and on the principle that early detection and intervention are essential in helping all children and youth thrive. You can learn more about change to the act here: socialsupportsnb.ca/en/simple_page/child-and-youth-well-being-next-chapter

The Department of Social Development has hosted conversations with many who help children and youth, including adoptive parents from the New Brunswick Adoption Foundation. Now, they would like to hear directly from adoptive parents; about your experiences and what they could and should do better in the future for children and youth AND adoptive families.

Your feedback will be used to help make changes to make sure programs and decisions are in the best interests of children, youth, and young adults.

Please take a few minutes to share your thoughts. Sharing your voice is voluntary and will have no impact on your relationship with the Department of Social Development. Your answers are anonymous. You can feel free to skip any questions you do not want to answer or that you don't have an opinion about. Please do not include personal information (like names, birthdates).

Please note; if you are also a foster parent and responded to the foster parent survey, Thank you! Social Development would really appreciate hearing about your experiences with adoption as well.

This is your opportunity to have your say about the new Child and Youth Well-Being Act.

CLICK HERE TO PARTICIPATE

UNIVERSITY OF CALGARY - SURVEY ON STAKEHOLDER ATTITUDES TOWARDS VIRTUAL OVERDOSE MONITORING

New Virtual Overdose Monitoring Service technologies may help save lives as the Opioid Crisis continues, especially among people who use substances alone. These technologies include a variety of smartphone apps (eg. Digital Overdose Response System App, DORS) and a national phone line (the National Overdose Response Service, NORS). Virtual Overdose Monitoring Services can help ensure emergency services are activated if a person becomes unresponsive.

This research study is being conducted by Dr. Monty Ghosh and Colleagues from the University of Calgary, Faculty of Medicine. It is open to all individuals living in Canada. This study has received ethical approval from the University of Calgary Conjoint Health Research Ethics Board (REB21-1646). Your responses will help inform the future development of safe and effective Virtual Overdose Monitoring Services.

Health sector employees, including social workers, play a critical role in addressing the overdose crisis and thus their perspectives on these new technologies are critically important.

You can contact Dr. Nathan Rider, the study lead, with any questions at ndrider@ucalgary.ca.

CLICK HERE TO PARTICIPATE

UNIVERSITY OF CALGARY - SURVEY ON INTEGRATING ENVIRONMENTAL JUSTICE AND SUSTAINABILITY IN SOCIAL WORK PRACTICE

The Integrating Environmental Justice and Sustainability in Social Work Practice project launched a national online survey on Environmental Justice and Sustainability in Social Work Practice. The purpose of this survey is to assess social work practitioners and students' awareness, understanding, and implementation of environmental justice and sustainability in social work practice in Canada.

The diverse perspectives and experiences will inform the study team and the Canadian Association of Social Workers (CASW) in understanding and responding to the interactive and interdependent context of social, economic, and environmental injustices in our changing environment.

The survey questions will focus on how participants understand environmental justice and sustainability in social work, challenges, lessons learned, competencies, and implications for professional development.

Participants will be eligible to win a \$50 gift card as an incentive if they wish to be entered in the prize draw by providing their name and email address. Twenty prizes will be drawn at random.

If you have questions about this research please contact: Dr. Julie Drolet, Professor, University of Calgary at (780) 492-1594 or email idrolet@ucalgary.ca

This study has been approved by the University of Calgary Conjoint Faculties Research Ethics Board (REB22-1223).

Thank you in advance for your consideration.

CLICK HERE TO PARTICIPATE

ADLER UNIVERSITY: SURVEY ON THE USE OF ALTERNATIVE MENTAL HEALTH TREATMENTS

Participants will be asked to complete a 5-minute survey. If selected, they will then be invited to a 60-90-minute online individual interview. The goal of this study is to understand why therapists use alternative treatments that fall outside of the Canadian Psychological Association's definition of evidence-based practice.

Participants must:

- Be a mental health therapist practicing in Canada
- Use alternative mental health therapies
- Be comfortable with reading and speaking English at a Grade 12 level
- Have access to the internet and a computer with videocall capability

There are no exclusion criteria.

Participants who are selected for an interview will be compensated with a \$100 Visa e-transfer. Participants who are not selected for an interview will be entered in a draw for a \$25 Visa e-transfer.

CLICK HERE TO PARTICIPATE

CAMP GOODTIMES

Camp Goodtimes offers an extraordinary camp experience in a medically-supervised, safe and supportive environment. We've been friendship-building and memory-making in New Brunswick and Nova Scotia since 1985.

Kids Camp (ages 7-18) offers unforgettable opportunities for children to take part in fun activities and outdoor recreation. Our program provides a safety-focused, secure and supervised environment where kids impacted by cancer can make new friends, foster independence and experience personal growth to help them see beyond the limits of their cancer diagnosis. We offer inclusive programming that is age and developmentally-appropriate and accommodate our activities for all ability levels, always free of charge.

 Who this camp is for: Children and youth from Nova Scotia, PEI and New Brunswick aged 7 to 18 who have cancer or who have had cancer and their guest. All campers must have their immunizations up to date.

Our **Family Camp** provides an opportunity for families with a child diagnosed with cancer to reconnect, have fun and connect with a community who has similar experiences. Our scheduling includes time for rest and revitalization. Because all our Family Camps take place in a traditional camp setting, participants will have the opportunity to get a snapshot of the programming we provide during our Kid Camp program. We offer inclusive programming that is age and developmentally-appropriate and accommodate our activities for all ability levels, always free of charge.

 Who this camp is for: The immediate family of a child diagnosed with cancer, including up to two adult caregivers. Children must be between the ages of 0 and 18. All campers must have their immunizations up to date.

CLICK HERE FOR MORE INFORMATION

RCMP NATIONAL REINTEGRATION PROGRAM

The RCMP has launched the rollout of the National Reintegration Program – an interactive program that focuses on building Regular Members' confidence in order to support them in a respectful and safe return to operational duties. The Program is confidential, member-led, peer-driven, self-paced and customizable to the members needs to assist in building confidence. Reintegration referrals are received by full time RCMP Coordinators after a colleague has been involved in a traumatic or critical incident, transitioning from administrative duties, or returning from extended leave (parental, suspension, physical or psychological injury).

The National Reintegration Program also assists RCMP members with situations and objects that may cause distress. In many regards this is similar to the 'In Vivo' aspects of Prolonged Exposure Therapy. As the RCMP program rolls out nationally, respective Divisions will be able to assist mental health professionals by providing trained Reintegration facilitators to provide exposure to locations, tools, equipment, police vehicles, facilities, ranges, detachments, headquarters etc. to a member while under the care of a medical professional. This partnership has the potential to interlace treatment with exposures to areas police officers may encounter when returning to operational duties, and provide them an opportunity to process and normalize any potential reactions. These types of referrals would be made at your discretion in consultation with the RCMP member to the divisional Occupational Health Services.

Since inception, there have been 461 referrals from medical professionals and over 91% of those referred members have either resumed or returned to the operational duties after working with the Reintegration team. Additionally, feedback from 131 members (via a national survey) revealed 97% felt the process was safe and respectful, and 96% would recommend the program to a colleague.

CLICK HERE FOR MORE INFORMATION

NBASW Call for Proposals: Professional Development

The NBASW is seeking proposals for French webinars under the NBASW Professional Development Fund!

If you hold expertise in any topic of interest relevant to the social work field, we invite you to submit a proposal to present a 1-hour long webinar or an in-person educational event for social wokers under the NBASW Professional Development Fund. While we're interested in webinars on all topics related to the field of social work, the following topics will be given priority due to member interest:

- · Vicarious (secondary) trauma;
- Trauma-informed social work practice;
- · Grief and loss;
- Intimate partner violence (IPV) and its impacts on children and/or adults;
- Addictions and mental health.

The NBASW Professional Development Fund is awarded annually to NBASW members who present a webinar training opportunity for provincial social workers in their areas of knowledge, expertise and/or practice.

To be eligible to receive the Fund, social workers must apply to present a webinar by completing a <u>Webinar Information Form</u>. Applications will be evaluated on a first come first served basis and if the webinar application has been approved and the applicant has met all webinar requirements, including webinar presentation, they will receive the Fund in the form of registration dues reimbursement.

For more information about the Fund, including the Fund guidelines and how to apply, please <u>click here</u>.

Continuing Education Opportunities

Certain webinars have costs associated. Please note that all events under the "ACHIEVE" or "CTRI" sections are eligible for the NBASW discount code. To get the 15% discount, please use the code NBASW15 at checkout. For more events from ACHIEVE, <u>click here</u>, and for more events from CTRI, <u>click here</u>.

CANADIAN INSTITUTE FOR PUBLIC SAFETY RESEARCH AND TREATMENT

Sleep 101

May 10 & May 15 to May 17, 2023 Click here for details and to register

TRANSFORMING THE FIELD OF EDUCATIONAL LANDSCAPE (TFEL) & YOUTHREX RESEARCH EVALUATION EXCHANGE

Centering Black Youth Wellbeing

May 8 to July 16, 2023

Click here for details and to register

MURIEL MCQUEEN FERGUSSON CENTRE FOR FAMILY VIOLENCE RESEARCH

Essential Skills for Interviewing Children

Click here for details and to register

CONFÉRENCES CONNEXIONS (French content)

Doppleganger: Journée conférence sur les jeunes et la santé mentale

May 31, 2023 (8:05 am to 4:30 pm EST)

Click here for details and to register

The Blame Game: Applying Family Systems to Prevent This and Other Ethical Missteps

May 9, 2023 (7 pm to 10 pm EDT)

Click here for details and to register

Sexual Violence, Anti-Racism, and Motivational Interviewing Seminar

May 18, 2023 (10 am to 4:45 pm EST)

Click here for details and to register

Added Complexity: Bringing Vital Understanding to the Dimensions of Complicated Grief

June 1, 2023 (7 pm to 10 pm EDT)

<u>Click here for details and to register</u>

Implicit Bias Interrupted: How to Reveal, Confront, and Get Unconscious Biases Out of Your Way

June 4, 2023 (2 pm to 5 pm EDT)

Click here for details and to register

50 Minutes: How to Conduct an Amazing First Session with Your New Client June 11, 2023 (3 pm to 5 pm ADT) Click here for details and to register

All Alone: The Impact of Social Isolation on Mental Health June 14, 2023 (8 pm to 10 pm EDT)

Click here for details and to register

UNIVERSITY OF TORONTO

Honouring the Wisdom of our Elders: The Importance of Storymaking and Storytelling for Positive Aging

June 5, to July 23, 2023
Click here for details and to register

CANADIAN ASSOCIATION OF SOCIAL WORKERS (CASW)

Keynote Presentation: In Recognition of the National Day of Awareness of Missing and Murdered Indigenous Women and Girls

May 5, 2023 (12 pm to 1:30 pm CST) Click here for details and to register

CRISIS & TRAUMA RESOURCE INSTITUTE (CTRI)

Self-Injury Behaviour in Youth

May 10, 2023 (9 am to 4 pm CDT) Click here for details and to register

Dialectical Behaviour Therapy

May 15, 2023 (9 am to 4 pm CDT) Click here for details and to register

Regulation Strategies for Children and Youth in Crisis

May 17, 2023 (1 pm to 2 pm CDT) Click here for details and to register

Body-Oriented Trauma Counselling Strategies

May 30, 2023 to May 31, 2023 Click here for details and to register

De-escalating Potentially Violent Situations

June 12, 2023 (9 am - 4 pm CDT) Click here for details and to register

Eating Disorders

June 26, 2023 (9 am - 4 pm CDT) Click here for details and to register

Attention Deficit Hyperactivity Disorder

July 7, 2023 (1 pm - 2 pm CDT)

<u>Click here for details and to register</u>

ACHIEVE - CENTRE FOR LEADERSHIP

Emotional Intelligence

May 10, 2023 (9 am to 4 pm CDT) Click here for details and to register

Diversity and Culture

May 16, 2023 (9 am to 4 pm CDT) Click here for details and to register

Project Management Fundamentals

May 24, 2023 (10 am to 1 pm CDT) Click here for details and to register

Mental Health Awareness and Support

June 5, 2023 (9 am to 4 pm CDT)

<u>Click here for details and to register</u>

Psychological Health and Safety in the Workplace

June 13, 2023 (9 am to 4 pm CDT)

<u>Click here for details and to register</u>

Performance Management

July 5, 2023 (10 am to 1 pm CDT)

<u>Click here for details and to register</u>

Wellness Resources



Social workers throughout New Brunswick provide essential services to some of the most vulnerable people in our communities. As essential workers, social workers also need to nurture their own personal wellness. If you have a wellness resource you'd like to see included in a future edition of the newsletter, please send it to laure.piccetto@nbasw-attsnb.ca.

COMMENT ÉVITER LES 5
PLUS GRANDES CAUSES DE
LA SOUFFRANCE?

(French resource)

CLICK HERE TO VIEW

10 MINUTE GUIDED MINDFULNESS MEDITATION

CLICK HERE TO VIEW

Social Media

Facebook



Our English page:

New Brunswick Association of Social Workers @NBASW



Our French page:

Association des travailleuses et des travailleurs sociaux du Nouveau-Brunswick @ATTSNB

Twitter



Our English page:

New Brunswick Association of Social Workers @NBSocialWorkers



Our French page:

Association des travailleuses et des travailleurs sociaux du Nouveau-Brunswick @TravSocNB

Newsletter Submissions

Have something you'd like to see in the NBASW Newsletter? We're always looking for stories about social workers, events, and more to add. If you've got something you'd like us to include, please email laure.piccetto@nbasw-attsnb.ca with the subject line "Newsletter."

