



# News & Views

January 2021 Issue



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# Message to Members

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Dear Members,

The year of 2020 was anything but ordinary, to say the least. Throughout the frenzy, the Association had developed some very helpful resources that were adopted by the Board of Directors in 2020:

- [The Guidelines regarding Social Work and the Use of Naloxone](#): Social workers may find themselves in scenarios involving a client experiencing an opioid overdose, in which, "Social workers can administer Naloxone when an overdose is reasonably suspected, as long as they are competent in doing so and there are no other qualified health professionals present", as stated in the Guidelines.
- [Standards Regarding Telehealth Services, the Use of Technology and Social Work Practice](#): Within a global pandemic, an increase of virtual appointments has been apparent and the *Standards Regarding Telehealth Services, the Use of Technology and Social Work Practice* provide clarity on using technology for social work and the ethical challenges and obligations involved.

We are proud to have adopted these standards and guidelines and hope they will provide as much clarity as needed on these matters. For more clarification on technology and social work, you can also refer to our [Standards for the Use of Technology in Social Work Practice](#).

Ahead of social work month and its amazing 2021 theme; Social Work is Essential, we will be distributing promotional items to anyone who requests them, so make sure to keep reading to see what we have available and who to contact to get it! We cannot express enough how thankful we are for all your diligent work during this global pandemic. While we thank you for your ongoing services amid the hectic reality you have all been experiencing, please remember to take care of yourselves and your well-being, part of this being following the [Chief Medical Officer of Health's](#) orders, to remain as safe as possible.

Thank you,



Miguel LeBlanc, MSW, BSW, RSW  
NBASW Executive Director

# CPE Policy Feedback

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In November, the Association sent communication to members asking for feedback regarding the proposed changes to the CPE Policy. We would like to thank those who took the time to provide us with their thoughts. These changes have not been applied and are not in effect. Please note that the current CPE Policy still stands. Should any changes to the CPE Policy be adopted by the Board of Directors, the information will be communicated to all members. To view the current CPE Policy, [click here](#).

# Member Satisfaction Survey Winner

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As a way to say thank you to members for taking the time to provide feedback on the Association through our annual survey, one member is randomly drawn and reimbursed their yearly dues! This year, the winner of the draw is: **Wendy Doiron!** Congratulations Wendy!

# Save the Date: AGM, Conference & Banquet

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Last year's Annual General Meeting (AGM) was atypical in its date, presentation, and lack of conference & banquet due to pandemic related restrictions. This year, we are pleased to announce that the Annual General Meeting (AGM) will take place from June 4th to 5th, 2021.

# NBASW Elections

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The NBASW is seeking candidates for the following Board of Director positions: President, Vice-President, and Secretary. Members interested in being added to the Nominating Committee's Slate of Officers for these positions must submit a completed [Nomination Form](#) including the signatures of at least ten (10) members entitled to attend and vote at an Annual Meeting in support of the nomination to the attention of the Secretary at [miguel.leblanc@nbasw-attsnb.ca](mailto:miguel.leblanc@nbasw-attsnb.ca) before midnight on February 26th, 2021.

# Meet the interns

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## Nicole Augustine

Nicole Augustine is completing her master's in social work placement with us by working with the Indigenous Guidance Committee, contributing to the Cultural Competency Standards, and analyzing the NBASW's Code of Ethics, among other projects.

## Lauren Ripley

Lauren Ripley is a St. Thomas University social work student whose main role with us will be to continue the work of operationalizing the new Advanced Practice Registered Social Work category of registration.



*Student Intern, Nicole Augustine*



*Student Intern, Lauren Ripley*

## 2021-2022 Registration Season

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Registration/Renewal season has officially begun! To renew your NBASW membership for 2021-2022, the NBASW requests that you submit your online re-registration (membership renewal) [form](#) and pay your membership dues at your earliest convenience and no later than **March 31, 2021**.

As per the NBASW Act (2019), the NBASW controls the title and practice of social work in New Brunswick. Individuals who have a social work degree and are working within the [social work scope of practice](#), even if not in a social work specific position, must renew as a Practicing Member.

- To renew your registration, [click here](#).
- To view our renewal FAQ page, [click here](#).
- To view a step-by-step instruction guide on membership renewal, [click here](#).

For questions regarding registration, please contact us at (506) 459-5595 or [info@nbasw-attsnb.ca](mailto:info@nbasw-attsnb.ca).

## Awards, Bursaries & Scholarships

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### **Raoul Léger Memorial Award**

**Deadline: February 28, 2021**

The Raoul Léger Memorial Award is presented yearly to a social worker in New Brunswick who has made a significant contribution to the advancement of the practice of social work and social justice in New Brunswick. This award is presented in memory of Raoul Léger, a social worker who devoted his career and gave his life for the advancement of social justice in Guatemala. [Click here for information.](#)

### **Debbie Nason Social Work in Health Care Award**

**Deadline: February 28, 2021**

The Debbie Nason Social Work in Health Care Award is presented yearly to a social worker who is a current or former member of the NBASW, in memory of Debbie Nason, a social worker who devoted her career to the development and betterment of hospital social work. [Click here for information.](#)

### **CASW Distinguished Award**

**Deadline extended to: February 28, 2021**

The CASW Distinguished Service Award is given yearly by the Canadian Association of Social Workers (CASW) during Social Work Month, to an individual or group of individuals selected from their membership by each provincial association. This

award is given in recognition of outstanding contributions to the field of social welfare and to the profession of social work in Canada. [Click here for more information.](#)

## **Cooperators Bursary for Members**

**Deadline: March 31, 2021**

The Cooperators Bursary Fund, valued at \$500, is awarded annually to a registered and residing in New Brunswick member(s) of the New Brunswick Association of Social Workers for the purpose of undertaking training such as conferences, workshops, seminars and webinars. [Click here for more information.](#)

## **Social Work Month**

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To honor Social Work Month this March, the annual Promote My Profession Contest will be taking place, once again! To enter to WIN one (1) of three (3) \$100 Visa pre-paid gift cards, you must initiate an activity to promote the social work profession and present it to the public during Social Work Month (March 2021). To find more details on how to enter, [click here](#). And remember, this year's theme is Social Work is Essential!

## **Continuing Education Opportunities & Resources**

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### **Action Canada for Sexual Health and Rights Access Line**

Action Canada for Sexual Health and Rights is a resource to visit online, call, or text to obtain information on sexual health and referrals on pregnancy options.

Website: <https://www.actioncanadashr.org/>

Text: 289-212-0868

Call: 1-888-642-2725

## **Mental Health Commission of Canada's policy brief exploring impacts of COVID-19**

The Mental Health Commission of Canada has crafted a Policy Brief explaining the impacts of the COVID-19 pandemic on suicide and related matters. This document states that its purpose is to outline “the related risk and protective factors and provides an overview of how the current changing environment may influence trends and other psychological impacts related to suicide.” The document can be accessed by [clicking here](#) and feedback may be given to the Commission by filling out their online form.

## **Imago Relationship Therapy**

Imago Clinical Training offers workshops designed to help mental health professionals with couple's therapy. [Click here](#) to learn more about how you can learn and participate!

## **Communication Support in Exercising Capacity, Choice & Autonomy**

Communication Disabilities Canada is offering a 5-webinar resource describing the implications of the duty to accommodate people who have disabilities that affect communication when revealing and exercising their capacity to communicate and/or make decisions that matter to them. These webinars provide recommendations for practices, policies and procedures to guide capacity assessors in healthcare, legal, justice, financial, and social services when identifying and providing the supports people may require communicating and/or make decisions. For more information and to participate, [click here](#).

## **Teens & Drugs Webinar**

Learn to recognize the involvement of drugs and alcohol in your teenager's life by detecting certain signs and having open discussions with them. To register and participate in this webinar led by experts, [click here](#).

## **CRA Tax Claims on Working From Home**

Many employees have had to work from home in the past year and the Canadian Revenue Agency (CRA) has offered two ways to claim the home office expenses deduction: [click here](#) to determine if you should opt for the temporary flat rate method or the detailed method for these claims.

# Wellness

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Throughout New Brunswick, Social Workers provide essential services to some of the most vulnerable communities. While extending their expertise to the best of their abilities, social workers should ongoingly nurture their personal wellness, as the nature of the social work profession is emotionally demanding.

*“Rest and self-care are so important. When you take time to replenish your spirit, it allows you to serve others from the overflow. You cannot serve from an empty vessel.”*

- Eleanor Brown

## **RECOGNIZING & PREVENTING COMPASSION FATIGUE**

[Click here for the full article...](#)

## **BALANCING YOUR WORK LIFE & YOUR PERSONAL LIFE**

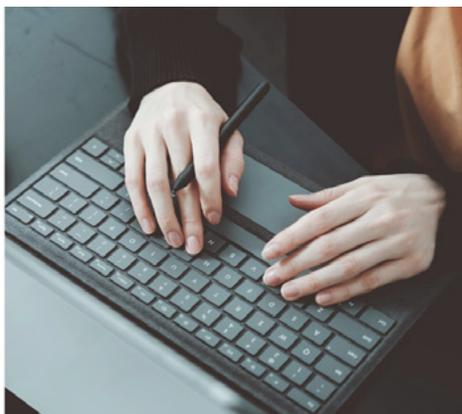
[Click here for the full article...](#)

## **THE ADAPTATIONS OF WORKING FROM HOME**

[Click here for the full article...](#)

## **SELF-CARE FOR SOCIAL WORKERS**

[Click here to view the video...](#)



# Stay Social

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## Facebook

To stay informed on news, events, surveys and more, follow us on **Facebook!**



Our English page:

New Brunswick Association of Social Workers - [@NBASW](#)



Our French page:

Association des travailleuses et des travailleurs sociaux du Nouveau-Brunswick [@ATTSNB](#)

## Twitter

You can also follow our **Twitter** pages for social work related content!



Our English page:

New Brunswick Association of Social Workers [@NBSocialWorkers](#)



Our French page:

Association des travailleuses et des travailleurs sociaux du Nouveau-Brunswick [@TravSocNB](#)

## Newsletter

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Have something you'd like to see in the NBASW Newsletter? We're always looking for stories about social workers, events, and more to add. If you've got something you'd like us to include, please email [info@nbasw-attsnb.ca](mailto:info@nbasw-attsnb.ca) with the subject line "Newsletter."

# NBASW Items

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If you're looking for masks, pens, lanyards & foldable tote bags, we've got you covered. Contact our communications officer at [laure.piccetto@nbasw-attsnb.ca](mailto:laure.piccetto@nbasw-attsnb.ca) or (506) 455-1806 to have some of these items sent directly to you!

