



OPTIONAL SUPERVISED LEARNING PERIOD
REFLEXIVE JOURNAL

Under the Supervised Learning Period Policy, the candidate may optionally complete a weekly reflective journal. The content of the journal may be reviewed with the supervisor during supervision meetings. It may also inform discussions during the meetings and the candidate's learning process.

The content of the reflective journal may include, but is not limited to, the following:

- Descriptions of significant activities and interventions
- Ethical dilemmas
- New learnings
- Limitations, difficulties, challenges, or strengths
- Possible avenues or directions for deepening knowledge

The final entry in the reflexive journal may include an overall analysis of the supervised learning period, identifying key learnings.

WEEK :

DATE :

1. Summary of the week and significant activities/interventions performed:



2. Description of strengths and opportunities for growth:

Strengths:

Opportunities for growth:

3. Description of an ethical dilemma and how it was resolved (if applicable):



4. Key personal learnings:

5. Relevant resources or intervention tools:

6. Weekly reflection summary: