



## Communiqué - RCMP National Reintegration Program

Dear Medavie Blue Cross Provider,

The RCMP has launched the rollout of the National Reintegration Program – an interactive program that focuses on building Regular Members' confidence in order to support them in a respectful and safe return to operational duties. The Program is confidential, member-led, peer-driven, self-paced and customizable to the members needs to assist in building confidence. Reintegration referrals are received by full time RCMP Coordinators after a colleague has been involved in a traumatic or critical incident, transitioning from administrative duties, or returning from extended leave (parental, suspension, physical or psychological injury).

The National Reintegration Program also assists RCMP members with situations and objects that may cause distress. In many regards this is similar to the 'In Vivo' aspects of Prolonged Exposure Therapy. As the RCMP program rolls out nationally, respective Divisions will be able to assist mental health professionals by providing trained Reintegration facilitators to provide exposure to locations, tools, equipment, police vehicles, facilities, ranges, detachments, headquarters etc. to a member while under the care of a medical professional. This partnership has the potential to interlace treatment with exposures to areas police officers may encounter when returning to operational duties, and provide them an opportunity to process and normalize any potential reactions. These types of referrals would be made at your discretion in consultation with the RCMP member to the divisional Occupational Health Services.

Since inception, there have been 461 referrals from medical professionals and over 91% of those referred members have either resumed or returned to the operational duties after working with the Reintegration team. Additionally, feedback from 131 members (via a national survey) revealed 97% felt the process was safe and respectful, and 96% would recommend the program to a colleague.

For further information about the Reintegration Program please email [ReintegrationProgram-Programmedereintegration@rcmp-grc.gc.ca](mailto:ReintegrationProgram-Programmedereintegration@rcmp-grc.gc.ca) or contact the Divisional Coordinator in your respective province.

### Divisional National Reintegration Program Coordinators:

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